



Sarada Krishna
Homoeopathic Medical College
Kulasekharam, Kanniyakumari Dist., Tamil Nadu - 629 161

FACILITIES FOR CLINICAL TRAINING OF STUDENTS

OUT PATIENT DEPARTMENTS:

There are 23 out-patient units in our hospital including General Out-Patient Units, Speciality clinics under Community Medicine, Mother & Child Care, Paediatric, Dental, Physiotherapy, Ophthalmology, Learning Disability, Cardiology, Geriatrics, Nutrition and diet regimen, Yoga etc. All the services are provided at an affordable rate. It also maintains a palliative care center particularly for cancer patients. The average frequency of out-patients visiting the hospital OPD is not less than 300 per day.

SL.NO	UNIT	WORKING DAYS	UNIT HEAD
1.	I - A	Mon., Wed., Fri.	Dr. M. Murugan M.D.(Hom)
2.	II - A	Mon., Wed., Fri.	Dr. V. Sathish Kumar M.D.(Hom)
3.	III - A	Mon., Wed., Fri.	Dr. Krishnakumari Amma M.D.(Hom)
4.	IV - A	Mon., Wed., Fri.	Dr. R. Panchajani M.D.(Hom)
5.	V - A (Paediatric Clinic)	Mon., Wed., Fri.	Dr. T.K. Jaya Kumar M.D.(Hom)
6.	VI	Tues. & Sat.	Dr. C. K. Mohan M.D.(Hom)
7.	I - B	Tues, Thurs & Sat.	Dr. Winston Vargheese M.D.(Hom)
8.	II - B (Obstetrics and Gynaecology)	Tues, Thurs & Sat.	Dr. V. Shanthi Serene Sylum M.D.(Hom)
9.	III - B	Tues, Thurs & Sat.	Dr. T. Ajayan M.D.(Hom)
10.	IV - B	Tues, Thurs & Sat.	Dr. Suman Sankar M.D.(Hom)
11.	V - B (Paediatric Clinic)	Tues, Thurs & Sat.	Dr. P. R. Sisir M.D.(Hom)
12.	Speciality Clinic - I (Mother and Child Health)	Tues & Sat	Dr. L. Girija M.D.(Hom)

13.	Speciality Clinic - II (Community Medicine)	Mon., Wed., Fri.	Dr. M. V. Ajithkumar M.D.(Hom)
14.	Speciality Clinic - IIIA (E.N.T)	Monday	Dr. M.P. Lal, BHMS
15.	Speciality Clinic - III B (Ophthalmology)	Monday	Dr. M.P. Lal, BHMS
16.	Dental Clinic	Mon. to Sat.	Dr. K.C. Nair , BDS
17.	Pain & Palliative Clinic	Mon to Sat.	Dr. N. V. Sugathan M.D.(Hom)
18.	Physiotherapy	Mon to Sat.	Mr. Anup Chandra B.P.T
19.	Learning Disability unit	Saturday	Dr.Siju.V. M.D.(Hom)
20.	Non Communicable Diseases clinic	Monday to Saturday	Dr.P.R.Saiji M.D.(Hom)
21.	Yoga		Mr. Krishnan Kutty M.C. (Yoga)
22.	Preventive Cardiology	Friday	Dr.T.Ajayan M.D.(Hom)
23.	Clinical nutrition and diet regimen	Saturday	Dr.Saju BHMS, Msc CND

GENERAL:



Out Patient Department



OP Teaching



Bed Side Teaching



Clinical Discussion



IP Discussion



Simulation Based Learning

SPECIALITY CLINICS

Paediatrics

Sarada Krishna Homoeopathic Medical College had started its Paediatric unit in 2009 for providing inpatient and outpatient treatment for children from birth. Its goal is to offer a patient-centered, family-friendly environment. The Unit also strive to achieve open communication with parents to involve them in feeding, treatment and diagnostic decisions regarding their children. The Paediatric ward consists of 10 beds along with a Paediatric Rehabilitation Centre.

The Paediatric Department provides special training for the P.G Scholars and runs a unit of Homoeopathy at Gerdi Gutperle Agasthiyar Muni Child Care Centre at Vellamadom from Monday to Friday (10.00 am to 1:00 pm) which is headed by Dr.A.L.Mahadevi (Medical Officer). Beside this there is a special OPD being led by Dr. Sathish Kumar V (HoD and Professor, Dept of Repertory) and Dr. Bencitha Horrence Mary (Medical officer) at the same institute every Saturday from 10.30 am to 3.00 pm. It also frequently organise School Health Programmes.

Unit	Working Days	Unit Head
V-A	Mon,Wed,Fri	Dr. T.K Jayakumar
V-B	Tue,Thur,Sat	Dr. Sisir P.R

ENT & Ophthalmology

ENT & Ophthalmology Unit of Sarada Krishna Homoeopathic Medical College Hospital is functioning as Specialty Clinic III A & III B respectively, on every Mondays headed by Dr. M. P. Lal., providing advanced services in diagnosis and treatment of various diseases relating to ear, nose, throat and eye under the scope of Homoeopathy. The Unit provides medical services of the highest standards and efficiently cares for its Patients. The clinic is equipped with various instruments like otoscope, Nasal speculum, fundoscope, visual field perimeter, Snellen's chart, Ishihara's chart for assessing the Ear, Nose, Throat and Ophthalmological conditions of the patient and treat them accordingly.

Infertility:

The Infertility unit numbered as 'Specialty clinic I' functions regularly on every Mondays and Fridays under supervision of the Medical Officer, Dr. L. Girija, M.D. (Hom.). Childless couples dreaming of parenthood with complaints of infertility or any gynecological issues are cogently managed with Homoeopathic medicines.

Cancer Care and Palliative Care

A Pain and palliative care centre for cancer started functioning in the collegiate hospital in tandem with the "Pallium Kulasekharam" during the month of December 2013. The Cancer – pain & palliative care unit started functioning since 2014 Dr. N.V.Sugathan as the Unit head. As the experimental performance has proved to be very successful, amendments have already made for admitting patients demanding emergency management with the intention for assessing the scope of Homoeopathy in the management of Cancer. Home visits are also conducted as a part of Cancer and palliative care where patient is unable to visit the collegiate hospital.

Paediatric Rehabilitation

A well equipped Paediatric Rehabilitation Unit is functioning regularly since 2015. This unit is headed by a Physiotherapist, Mr. S. Anup Chandra. The rehabilitation unit is facilitated with equipments like ankle exerciser, balance board, CP chair, CP walker, Cramper, height adjustable crawler, prone crawler, Physio ball, etc.. for the benefit of Mentally and Physically Challenged children, Children with cerebral palsy, ADHD, autism or any behavioural disorders visiting our Paediatric and Learning Disability Units.

Community Medicine

The Specialty clinic II under the supervision of Medical Officer Dr. M.V. Ajith Kumar. M.D. (Hom) functioning every Monday, Wednesday and Friday. It is also associated with an Epidemic Control Cell convened by Dr. Venugopal K. G, for the purpose of introducing suitable prophylactic measures during an epidemic outbreak anywhere in the District, as and when needed. The cases are studied in detail for the finding out the Genus epidemicus and the identified preventive medicines are distributed to the public through medical camps. Health survey and feed back is also conducted regularly to find out epidemic outbreak, awareness on Homoeopathy among people and efficacy of Homoeopathic Prophylaxis during the epidemic. Awareness programmes are organized for the public, on preventive measures of various diseases, importance of health and hygiene, infectious diseases and its spread.

Learning Disability

The Learning Disability Unit of Sarada Krishna Homoeopathic Medical College, in association with the Department of Paediatrics started functioning since December 2015. The unit was first started as a Government school health project in collaboration with School Educational Department, Kanyakumari district and later extended to some private sectors too. The Unit functions regularly on every Saturday. The aim of the Unit is to serve the community by identifying the children with problems of Learning and Behavioral disorders, as well as managing them homeopathically and furthermore to help the teachers and parents to manage them in school and home. The Unit consists of a multidisciplinary team for executing assessment and precise management of the disabled one. The team members are:

- Dr. V. Siju M.D (Hom), M.Sc. (Counseling & Psychotherapy), P.G. Dip. in Clinical Research.
- Dr. Reshma Reghu M.D (Hom) Paediatrics
- Mr. T. Thana Sekhar B.OT, DR (OT), B.Ed. (S.E)
- Mrs. V. Anitha Mary M.A. B.Ed, DECE, Dip. Speech Therapy for Assistant



Dental Clinic



Infertility Clinic



Cancer Care & Palliative Care



Learning Disability Unit



Community Medicine



Physiotherapy



Paediatric Rehabilitation Unit



ENT & Ophthalmology

DIAGNOSTIC SERVICES:

A Clinical Lab, X-ray Unit, Ultra Sound Scan, ECG, Spirometry, Diabetic foot care unit etc. are provided in the Hospital. Laboratory and Radiology services are provided as per the Scope of services laid down by the NABH. Laboratory and radiology quality assurance are obtained through EQAS with Bio-rad, Internal QC, Inter lab comparison and Verification and validation process. Safety programme for radiology and laboratory are up to date. The Patient care provided by the hospital is continuous and multidisciplinary in nature.



Training on ECG



Training on USG



Training on Radiology



Clinical Lab

4. Research- Interns discussion

It is a routine practice to conduct Interns discussion From Monday to Saturday at 2:00 pm. The discussion is taken by the students based on cases, articles and journals in the presence of a medical officer in-charge of the particular unit. The turn of each unit comes in rotation.



5. Research- PG Discussion

PG discussion is conducted by all the PG Departments for the First Year M.D students from 2:00 pm to 3:30 pm every Monday and Wednesday.



6. Out Reach- Extension Activities:

a. School Health Programme

To identify and resolve the health issues of the children at school level, we offer school health programmes in the neighbourhood schools of the institution spread around Kanniyakumari district aimed at conducting health screening and awareness programme. In this programme, a team of teachers, PG students and Internees used to visit the nearby Schools and provide awareness to the students, Teachers, Parents and other staff about the health issues, need for preventive mechanisms, hygiene, sanitation, nutrition, salient features of Homeopathy, health education etc. Significant deviations if any found among the students through the health screening are communicated to the parents through their teachers and treatments are given accordingly in the Collegiate Hospital. Efforts are also being made through school health programme to identify learning and behavioural problems of children of age group up to 13 years. These students are directed to the

Learning Disability speciality clinic of the institution for further management. The programme is effectively co-ordinated by Dr. V. Siju and Dr. Bencitha Horrence Mary.

Sl.No	Name of the School	Location	Medical Officer in-charge
1	Narayana Pillai Memorial Vidya Kendra	Chitharal	Dr. V. Harisankar
2	Govt. Schools under CEO, Edu. Dept (on learning disability)	Kanyakumari District	Dr. V. Siju
3	St. Thomas Marthoma Matriculation Higher Secondary School	Kollarai	Dr. P. R. Sisir
4	St. Mary's Higher Secondary School	Kaliyal	Dr. Bencitha Horrence Mary
5	St. Mary's Primary School	Kaliyal	Dr. Bencitha Horrence Mary
6	Holy Family High School	Arukani	Dr. V. Siju
7	NVKS Higher Secondary School	Attoor	Dr. Reshma Reghu

b. Health Survey

As a part of BHMS curriculum, the Department of Community Medicine organises Health Survey for the final BHMS students to acquaint themselves about health issues of the society, to identify the factors influencing the diseases, adopt preventive strategies and to implement curative measures. As a process, specific area from Grama Panchayat /Village is first identified with the help of officials/personals of the Panchayat concerned. Each and every house of the locality is visited by the students under the guidance of faculty and necessary data in detail are collected in a prescribed format. Thus the collected data are analysed and patients identified if any are referred to collegiate hospital for treatment. As a follow up procedure, the institution conducts medical camps and awareness programmes on health care. The collected data are thereafter handed over to the officials of Health Department. Similar Health Surveys are also conducted by the Internees as a part of extension activity of the institution. The Head of the Department of Community Medicine is the Co-ordinator of Health Survey.

c. National Service Scheme

As an affiliated College of the Tamilnadu Dr. MGR Medical University, Chennai, Sarada Krishna Homoeopathic Medical College, Kulasekaram has established a NSS Unit on 16-09-2002 under the leadership of the then programme officer Dr. M. Murugan, Professor, Dept. of Organon of Medicine. Its avowed objective is to develop the personality of the students and provide service to the community based on the cardinal principle of NSS that it is organized by the students themselves, and both students and teachers through their combined participation in social service, get a sense of involvement in the tasks of national development.

The main objectives of National Service Scheme (NSS) are to:

1. understand the community in which they work
2. understand themselves in relation to their community
3. identify the needs and problems of the community and involve them in problem solving
4. develop a sense of social and civic responsibility among themselves.
5. utilise their knowledge in finding practical solutions to individual and community problems
6. develop competence required for group-living and sharing of responsibilities
7. acquire skills in mobilising community participation
8. acquire leadership qualities and democratic attitudes
9. develop capacity to meet emergencies and natural disasters;
10. Practise national integration and social harmony.

The college unit has been actively engaged in activities such as awareness programme on health and sanitation; preventive measures, conducting medical camps, Special camps, personality development programmes for volunteers, campus cleaning, observance of health related days, celebration of national important days and festivals for communal harmony in collaboration with Community Medicine Department and other unit reaping cognizable results every time. Presently, the NSS Unit of the College is under the dynamic leadership of the Programme Officer, **Dr. R. Sonny Mon**, Associate Professor, Department of Organon of Medicine. The successive list of Programme Officers of NSS Unit of our college is:

Sl.No	Name of Programme -Officers	Period
1	Dr. M. Murugan	2002 – 2008
2	Dr. T. K. Jayakumar	2008-2015
3	Dr. Abhijith C. Nair	2015-2016
4	Dr. Sonny Mon, R.	2016 – till date

e. Youth Red Cross

Youth Red Cross unit of Sarada Krishna Homoeopathic Medical College is the main constituent of the Indian Red Cross society, Tamilnadu branch in which students of age group 18-25 years are its members. It was established during 2010 with the participation of 40 students. The YRC undertakes health awareness programme, medical camp, road safety week, blood donation camp, programmes on importance of Hand Wash, observance of important days, campus cleaning, fire fighting demo, relief work during emergencies, participation in disaster management, etc. The present programme officer and the convener of this wing of the college is **Dr. Sathesh. M. Nair**, Associate Professor, Department of Organon of Medicine & Homoeopathic Philosophy.

f. Red Ribbon Club

As per the direction of the affiliating university vide letter No. SW(1)/31799/2010, dated 25-05-2011, the college has established a Unit of Red Ribbon Club (RRC) on 23rd of June 2011 to create an awareness among the young generation about the HIV infection and blood donation. The chief Patron of the club is the Principal and advisory committee is framed as per guidelines. The RRC of the college unit undertakes, blood group identification, camps on blood donation, awareness programmes on World AIDS Day and other important days in collaboration with other units. The present programme officer of RRC is **Dr. R. Bindhusaran**, Assistant Professor, Department of Pathology.

g. Medical Camps

Sarada Krishna Homoeopathic Medical College is situated in Kulasekharam of Kanniyakumari District surrounded by a typical mixture of group of people namely hilly, rural, tribal, costal, socially and economically deprived sections of the society and victims of natural calamities, etc. The people visit the collegiate hospital for homoeopathic treatment belongs to the length and breadth of the district and from neighbouring state. The requisitions of the members of the voluntary organisation as well as individuals have forced to start up a series of medical and preventive camps throughout the district mainly in rural areas at their door step. Hence, in collaboration with various extension initiatives of the college Community Medicine Department conducts homoeopathic free medical and preventive camps mainly in rural areas of the district. A college medical team consisting of medical officers, PG scholars and interns will be deputed to conduct medical camp. They conduct necessary medical check-up and dispense free medicines. Follow up camps are also made according to necessity under direction to take continuous treatment from the Collegiate Hospital. Pamphlets /leaflets /brochures related to public health, homeopathy and collegiate hospital etc. are also distributed in medical camp. **Dr. Bino. A**, Assistant Professor, Department of Surgery is in-charge of the conduct of Medical camps.

i. Unnat Bharat Abhiyan

Unnat Bharat Abhiyan (UBA), a flagship programme of Ministry of Human Resource Development (MHRD), Govt. of India, is an opportunity to enable faculty and students of higher educational institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth of village. Sarada Krishna Homoeopathic Medical College has voluntarily joined UBS II as a nodal agency to take part in transformational change in rural development process by adoption of villages as per the directions of Ministry of AYUSH, letter No.F.14-42/2017-CCH/28926-2943, dated 09-02-2018. The college has adopted five panachayat namely Aruvikarai, Ayakkode, Vellancode, Mancode, and Puliyoorsalai Village Panchayat of Kanniyakumari District under the UBA for the year 2018-19.

Various programmes undertaken by the college in the adopted villages are sanitation, solid-liquid waste management, health education, health care-medical camps, preventive camps and School Health Education Programme etc. These activities are carried out by the interns, P.G.s and Faculty, in collaboration with the Department of Community Medicine and other unit. **Dr. N. V. Sugathan**, Principal and Professor, Department of Practice of Medicine, is the Nodal Officer of the programme.

j. 'Swachh Bharath' Activities

'**Swachh Bharat Abhiyan**' is an initiative of the Government of India to make India as a clean India. The campaign involves the construction of latrines, promoting sanitation programmes in the rural areas, cleaning streets, roads and changing the infrastructure of the country to lead the country ahead. It was launched on the 145th birth anniversary of Mahatma Gandhi on 2nd of October, 2014. As a health science institution, Sarada Krishna Homoeopathic Medical College involves in the following Swachh Bharath Activities:

- Cleaning Drive
- Swasthya Rakshan Programme
- Swachh Bharat Summer Internship Programme
- Swachhata Hi Seva
- Swachhata Pakhwada
- Institutional Swachhata Ranking

Institution undertakes cleaning programmes in collaboration with its various extension units. Under the Swasthya Rakshan Programme, the Community Medicine Department adopted five villages namely Pechipparai, Kadayalumoodu, Manjalumoodu, Melpuram and a remote place in Colachel and undertakes health survey, health awareness programme, medical camp, cleaning programme and School Sanitation Campaign.

Under Swachh Bharat Summer Internship Programme, 8 groups of students under the team leaders adopted villages in southern district of Tamilnadu. The following activities are carried out as a part of the programme namely awareness campaign for better sanitation practices like using of toilet, hand washing, health and hygiene. The works carried out by the students are appreciated by the district officials concerned.

In Swachhata Hi Seva programmes, our students carried out wall paintings illustrating the need for sanitation, health education, and cleaning.

Similarly, in Swachhata Pakhwada initiative, students have participated two week programme on sanitation, which are conducted in the campus includes hand wash training to all the employees, swachhata auditing and street plays on swachhata awareness.

We also participated in swachhata ranking scheme namely "Swachh Survekshan Grameen 2018"

Dr.M.V Ajith Kumar, Professor, Department of Community Medicine is the Co-ordinator for the initiative.

k. Epidemic control cell

Whenever there is an epidemic outbreak anywhere in the Kanniyakumari District, the cell will reach over to the place and make a detailed study of the prevalent cases for finding the "Genus Epidemics". It will be instantly followed by the distribution of

prophylactic medicine to the people by conducting preventive camps. The active participants are the Interns and PG Scholars. Necessary feed-back studies are also conducted to evaluate the efficacy of the prophylactic medicine.

Committee structure:

Co-ordinator : Dr.K.G Venugopal (Faculty)

Participants : PG Scholars and Interns as per requirement.

I. Mother and Child Health Care

Mother and Child Health Care Unit aims at reducing the maternal, neonatal and under-five mortality and morbidity rate so as to enhance the quality of life. MCH serves women, adolescents and their families through a network of health care facilities and programmes. It also improves access to skill development, provides information on various health related problems, especially of women, there by enhance knowledge and offers services to the public by free medical camps. It make the women aware on the importance of menstruation, personal hygiene, nutrition, breast feeding, pre and post natal care etc. It conducts Breast feeding week every year and awareness classes at various rural centres.

m. Science Forum

The Tamil Nadu Science Forum , a Non-Governmental Organisation (NGO) extends its service to Sarada Krishna Homoeopathic Medical College since 05.03.2015.The activities includes conducting medical camps, scientific seminars, sky watching programmes and awareness classes, realizing 'World Science Day' etc with in the college and in rural areas. The coordinator of the programme is Dr. Harisankar .

n. Eco-club

The main objective of the Eco Club is to develop green consciousness, promote awareness and social responsibility among the undergraduate students of Homoeopathy. It helps to build attitudes among the students to help individuals and social groups to acquire values and feelings of concern for environment, Teach skills for identify and solve environmental problems and the motivation for actively participating in environmental improvement and protection.

Functions:

- Conducting environmental awareness programmes on Earth Day (April 22), World Environment DAY or ECO DAY (June 5).
- Run a poster making competitions on various environmental issues.
- Motivating the students to keep their surroundings green and clean by undertaking plantation of trees.
- Putting Display Boards in campus regarding environment protection
- Educate students to create awareness amongst public and sanitary workers, so as to stop the indiscriminate burning of waste which causes respiratory diseases.



Health Survey



School Health Programme



Free Medical Camp



Health Awareness Rally



Youth Red Cross



National Service Scheme

Awareness programmes

6. Peripheral Health Centre

Peripheral Health centres are being regularly conducted in and around the college in the Kanyakumari District once in a week. The responsibility of these centres is invested with one faculty being assisted by P.G. students / Internees as required. Medicines are also dispensed in these centres. Cases which require more investigations and management are referred to the Collegiate Hospital.

Sl. No	Working Place	Day & Time	Medical Officer in-charge
1.	Chitharal, (Chithralayam Seva Trust)	1st Sunday (9.00 am - 2.00 pm)	Dr. S. Sanju
2.	Kadayalummodu	Monday (9.00 am - 2.00 pm)	Dr. R. Bindhusaran
3.	Karode (Mentally Challenged Centre)		Dr. Sathessh M. Nair
4.	Perinchelambu (Mentally Challenged Centre)	(On alternate Weeks) Tuesday	Dr. Reshma Reghu
5.	Thottiyode (Mentally Challenged Centre)	9.00 am - 1.00pm	
6.	Chithiramcode (Mentally Challenged Centre)	9.00 pm - 3.30 pm	
7.	Manjalumoodu	Wednesday 9.00 am - 1.00 pm	Dr. S. Sanju
8.	Melpuram		Dr. M. V. Ajith Kumar
9.	Kovalam-Kanyakumari (Pain & Paliative)		Dr. Harisankar V.
10.	Devicode (Geriatric Care Centre)		Dr. Arun R. Nair
11.	Chitharal (N.M. Vidya Kendra-School Health Programme)		Dr. Harisankar V.
12.	Mekkamandapam (Mentally Challenged Centre)		Dr. Satheesh M. Nair
13.	Manakkudy		Dr. Soumya R.S.G. Dr. JoseenaMaria L.
14.	Amsi (Good Vision Centre)	Thursday 9.00 am - 1.00 pm	Dr. L. Girija
15.	Karungal (Good Vision Centre)		Dr. R. Sonny Mon
16.	Colachel (Seva Bharathi, Paliative Care Centre)		Dr. Harisankar V.

17.	Colachel (Malar)	Friday - 9.00 am-1.30 pm	Dr. Siju V.
18.	Mottavilai (Malar)		Dr. Satheesh M. Nair
19.	Soorapallam		Dr. R. Panchajani
20.	Peruvilai (Malar)		Dr. R. Bindusaran
21.	Pechipparai	Saturday 9.00 a.m.-1.00 p.m.	Dr. R. Sonny Mon & Dr. Kencia T.
22.	Vellamadam (GGAMCCC)		Dr. V. Sathish Kumar, Dr. Bencitha Horrence Mary Dr. Mahadevi A.L
23.	Brahmapuram (Seva Bharathi Centre)		Dr. P. R. Saiji
24.	Erachakulam (Seva Bharathi Centre)		Dr. S.P. Suja
25.	Aralvaimozhi (Seva Bharathi Centre)		Dr. D. Berlina Terrance Mary
26.	Kandanvilai (Annai Trust)		Dr. S. Sheeba
27.	Kanniyakumari , Vivekananda Kendra	Wednesday 10.00 am to 1.00 pm	Dr. M.P. Lal & Dr. Asta Eswaran




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