



**Sarada Krishna
Homoeopathic Medical College Hospital
Kulasekharam, Kanyakumari Dist., Tamilnadu-629161**


TEACHING TRAINING SESSION IN PHYSIOTHERAPY UNIT

YEAR - 2019

Sl. No.	Date	Presenter	Topic
1.	2/3/19	Mr.Anoop chandra	Physiotherapy management of Dislocation of Shoulder joint
2.	5/3/19	Mr.Anoop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
3.	7/3/19	Mr.Anoop chandra	Physiotherapy management of Fracture of shaft of Humerus
4.	9/3/19	Mr.Anoop chandra	Physiotherapy management of supracondylar Fracture of Humerus
5.	12/3/19	Mr.Anoop chandra	Physiotherapy management of Dislocation of Elbow joint
6.	14/3/19	Mr.Anoop chandra	Physiotherapy management of Colle's Fracture
7.	16/3/19	Mr.Anoop chandra	Physiotherapy management of Dislocation of Hip
8.	16/3/19	Mr.Anoop chandra	Physiotherapy management of Fracture of neck of Femur
9.	19/3/19	Mr.Anoop chandra	Physiotherapy management of ligamentous injuries of Ankle
10.	21/3/19	Mr.Anoop chandra	Physiotherapy management of common post traumatic complications
11.	26/3/19	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
12.	28/3/19	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
13.	4/5/19	Mr.Anoop chandra	Physiotherapy management of IVDP
14.	7/5/19	Mr.Anoop chandra	Physiotherapy management of CVA
15.	9/5/19	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
16.	11/5/19	Mr.Anoop chandra	Physiotherapy management of Fracture of lower end of Ulna
17.	14/5/19	Mr.Anoop chandra	Physiotherapy management of Sprain
18.	16/5/19	Mr.Anoop chandra	Physiotherapy management of Muscie Spasm
19.	18/5/19	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
20.	23/5/19	Mr.Anoop chandra	Physiotherapy management of low back ache

21.	28/5/19	Mr.Noop chandra	Physiotherapy management of stiffness of Shoulder joint
22.	30/5/19	Mr.Noop chandra	Physiotherapy management of IVDP
23.	14/6/19	Mr.Noop chandra	Physiotherapy management of Cervical strain
24.	15/6/19	Mr.Noop chandra	Physiotherapy management of CVA
25.	18/6/19	Mr.Noop chandra	Physiotherapy management of Cervical Disc Lesion
26.	20/6/19	Mr.Noop chandra	Physiotherapy management of Frozen Shoulder
27.	22/6/19	Mr.Noop chandra	Physiotherapy management of Spondylolisthesis
28.	25/6/19	Mr.Noop chandra	Physiotherapy management of Spinal Canal Stenosis
29.	2/7/19	Mr.Noop chandra	Physiotherapy management of Ankylosing Spondylitis
30.	9/7/19	Mr.Noop chandra	Physiotherapy management of Osteoarthritis'
31.	23/7/19	Mr.Noop chandra	Physiotherapy management of Rheumatoid arthritis
32.	24/7/19	Mr.Noop chandra	Physiotherapy management of Amputation
33.	25/7/19	Mr.Noop chandra	Physiotherapy management of Dislocation of Shoulder joint
34.	30/7/19	Mr.Noop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
35.	1/8/19	Mr.Noop chandra	Physiotherapy management of Fracture of shaft of Humerus




DR. N.V. SUGATHAN, MD (HOM)
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 MEDICAL SUPERINTENDENT
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 TAMIL NADU 629 161



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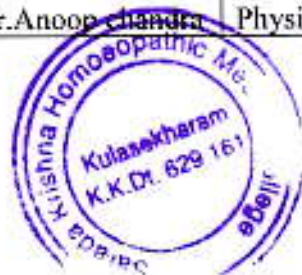
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2.	3/1/18	Mr.Anoop chandra	Physiotherapy management of ligamentous injuries of Ankle
3.	4/1/18	Mr.Anoop chandra	Physiotherapy management of common post traumatic complications
4.	5/1/18	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
5.	6/1/18	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
6.	8/1/18	Mr.Anoop chandra	Physiotherapy management of IVDP
7.	9/1/18	Mr.Anoop chandra	Physiotherapy management of CVA
8.	11/1/18	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
9.	12/1/18	Mr.Anoop chandra	Physiotherapy management of Fracture of lower end of Ulna
10.	13/1/18	Mr.Anoop chandra	Physiotherapy management of Sprain
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15.	27/1/18	Mr.Anoop chandra	Physiotherapy management of IVDP
16.	29/1/18	Mr.Anoop chandra	Physiotherapy management of Cervical strain
17.	30/1/18	Mr.Anoop chandra	Physiotherapy management of CVA
18.	31/1/18	Mr.Anoop chandra	Physiotherapy management of Cervical Disc Lesion
19.	1/2/18	Mr.Anoop chandra	Physiotherapy management of Frozen Shoulder
20.	3/2/18	Mr.Anoop chandra	Physiotherapy management of Spondylolisthesis
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22.	7/2/18	Mr.Anoop chandra	Physiotherapy management of Ankylosing Spondylitis
23.	13/2/18	Mr.Anoop chandra	Physiotherapy management of Osteoarthritis
24.	14/2/18	Mr.Anoop chandra	Physiotherapy management of Rheumatoid arthritis
25.	16/2/18	Mr.Anoop chandra	Physiotherapy management of Amputation

26.	20/2/18	Mr.Noop chandra	Physiotherapy management of Dislocation of Shoulder joint
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45.	27/3/18	Mr.Noop chandra	Physiotherapy management of low back ache
46.	28/3/18	Mr.Noop chandra	Physiotherapy management of stiffness of Shoulder joint
47.	3/4/18	Mr.Noop chandra	Physiotherapy management of IVDP
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118.	28/9/17	Mr.Anoop chandra	Physiotherapy management of Osteoarthritis
119.	29/9/17	Mr.Anoop chandra	Physiotherapy management of Rheumatoid arthritis
120.	30/9/17	Mr.Anoop chandra	Physiotherapy management of Amputation

121.	3/10/17	Mr.Anoop chandra	Physiotherapy management of Dislocation of Shoulder joint
122.	4/10/17	Mr.Anoop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
123.	5/10/17	Mr.Anoop chandra	Physiotherapy management of Fracture of shaft of Humerus
124.	6/10/17	Mr.Anoop chandra	Physiotherapy management of supracondylar Fracture of Humerus
125.	9/10/17	Mr.Anoop chandra	Physiotherapy management of Dislocation of Elbow joint
126.	10/10/17	Mr.Anoop chandra	Physiotherapy management of colles Fracture
127.	11/10/17	Mr.Anoop chandra	Physiotherapy management of Dislocation of Hip
128.	12/10/17	Mr.Anoop chandra	Physiotherapy management of Fracture of neck of Femur
129.	13/10/17	Mr.Anoop chandra	Physiotherapy management of ligamentous injuries of Ankle
130.	16/10/17	Mr.Anoop chandra	Physiotherapy management of common post traumatic complications
131.	23/10/17	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
132.	27/10/17	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
133.	30/10/17	Mr.Anoop chandra	Physiotherapy management of IVDP
134.	31/10/17	Mr.Anoop chandra	Physiotherapy management of CVA
135.	8/11/17	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
136.	20/11/17	Mr.Anoop chandra	Physiotherapy management of Fracture of lower end of Ulna
137.	27/11/17	Mr.Anoop chandra	Physiotherapy management of Sprain
138.	28/11/17	Mr.Anoop chandra	Physiotherapy management of Muscle Spasm
139.	29/11/17	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
140.	2/12/17	Mr.Anoop chandra	Physiotherapy management of low back ache
141.	4/12/17	Mr.Anoop chandra	Physiotherapy management of stiffness of Shoulder joint
142.	5/12/17	Mr.Anoop chandra	Physiotherapy management of IVDP
143.	6/12/17	Mr.Anoop chandra	Physiotherapy management of Cervical strain
144.	7/12/17	Mr.Anoop chandra	Physiotherapy management of CVA
145.	8/12/17	Mr.Anoop chandra	Physiotherapy management of Cervical Disc Lesion
146.	9/12/17	Mr.Anoop chandra	Physiotherapy management of Frozen Shoulder
147.	11/12/17	Mr.Anoop chandra	Physiotherapy management of Spondylolisthesis
148.	14/12/17	Mr.Anoop chandra	Physiotherapy management of Spinal Canal Stenosis
149.	16/12/17	Mr.Anoop chandra	Physiotherapy management of Ankylosing Spondylitis
150.	18/12/17	Mr.Anoop chandra	Physiotherapy management of Osteoarthritis
151.	19/12/17	Mr.Anoop chandra	Physiotherapy management of Rheumatoid arthritis
152.	20/12/17	Mr.Anoop chandra	Physiotherapy management of Amputation

153.	21/12/17	Mr.Anoop chandra	Physiotherapy management of Dislocation of Shoulder joint
154.	22/12/17	Mr.Anoop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
155.	26/12/17	Mr.Anoop chandra	Physiotherapy management of Fracture of shaft of Humerus
156.	27/12/17	Mr.Anoop chandra	Physiotherapy management of supracondylar Fracture of Humerus
157.	28/12/17	Mr.Anoop chandra	Physiotherapy management of Dislocation of Elbow joint
158.	29/12/17	Mr.Anoop chandra	Physiotherapy management of colles Fracture
159.	30/12/17	Mr.Anoop chandra	Physiotherapy management of Dislocation of Hip




Dr. N.V. SUGATHAN, BHMS
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**Sarada Krishna
Homoeopathic Medical College Hospital
Kulasekharam, Kanyakumari Dist., Tamilnadu-629161**

**TEACHING TRAINING SESSION IN PHYSIOTHERAPY UNIT
YEAR: 2016**

Sl. No.	Date	Presenter	Topic
1.	22/6/16	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
2.	23/6/16	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
3.	24/6/16	Mr.Anoop chandra	Physiotherapy management of IVDP
4.	25/6/16	Mr.Anoop chandra	Physiotherapy management of CVA
5.	27/6/16	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
6.	28/6/16	Mr.Anoop chandra	Physiotherapy management of Fracture of lower end of Ulna
7.	29/6/16	Mr.Anoop chandra	Physiotherapy management of Sprain
8.	30/6/16	Mr.Anoop chandra	Physiotherapy management of Muscle Spasm
9.	1/7/16	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
10.	2/7/16	Mr.Anoop chandra	Physiotherapy management of low back ache
11.	4/7/16	Mr.Anoop chandra	Physiotherapy management of stiffness of Shoulder joint
12.	5/7/16	Mr.Anoop chandra	Physiotherapy management of IVDP
13.	6/7/16	Mr.Anoop chandra	Physiotherapy management of Cervical strain
14.	7/7/16	Mr.Anoop chandra	Physiotherapy management of CVA
15.	8/7/16	Mr.Anoop chandra	Physiotherapy management of Cervical Disc Lesion
16.	9/7/16	Mr.Anoop chandra	Physiotherapy management of Frozen Shoulder
17.	11/7/16	Mr.Anoop chandra	Physiotherapy management of Spondylolisthesis
18.	12/7/16	Mr.Anoop chandra	Physiotherapy management of Spinal Canal Stenosis
19.	13/7/16	Mr.Anoop chandra	Physiotherapy management of Ankylosing Spondylitis
20.	14/7/16	Mr.Anoop chandra	Physiotherapy management of Osteoarthritis
21.	15/7/16	Mr.Anoop chandra	Physiotherapy management of Rheumatoid arthritis
22.	16/7/16	Mr.Anoop chandra	Physiotherapy management of Amputation
23.	19/7/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Shoulder joint
24.	20/7/16	Mr.Anoop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
25.	21/7/16	Mr.Anoop chandra	Physiotherapy management of Fracture of shaft of Humerus

26.	22/7/16	Mr.Anoop chandra	Physiotherapy management of Supracondylar Fracture of Humerus
27.	23/7/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Elbow joint
28.	24/7/16	Mr.Anoop chandra	Physiotherapy management of colle's Fracture
29.	26/7/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Hip
30.	27/7/16	Mr.Anoop chandra	Physiotherapy management of Fracture of neck of Femur
31.	28/7/16	Mr.Anoop chandra	Physiotherapy management of ligamentous injuries of Ankle
32.	29/7/16	Mr.Anoop chandra	Physiotherapy management of common post traumatic complications
33.	30/7/16	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
34.	2/8/16	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
35.	3/8/16	Mr.Anoop chandra	Physiotherapy management of IVDP
36.	6/8/16	Mr.Anoop chandra	Physiotherapy management of CVA
37.	9/8/16	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
38.	13/8/16	Mr.Anoop chandra	Physiotherapy management of Fracture of lower end of Ulna
39.	16/8/16	Mr.Anoop chandra	Physiotherapy management of Sprain
40.	17/8/16	Mr.Anoop chandra	Physiotherapy management of Muscle Spasm
41.	18/8/16	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
42.	19/8/16	Mr.Anoop chandra	Physiotherapy management of low back ache
43.	20/8/16	Mr.Anoop chandra	Physiotherapy management of stiffness of Shoulder joint
44.	23/8/16	Mr.Anoop chandra	Physiotherapy management of IVDP
45.	24/8/16	Mr.Anoop chandra	Physiotherapy management of Cervical strain
46.	25/8/16	Mr.Anoop chandra	Physiotherapy management of CVA
47.	27/8/16	Mr.Anoop chandra	Physiotherapy management of Cervical Disc Lesion
48.	30/8/16	Mr.Anoop chandra	Physiotherapy management of Frozen Shoulder
49.	1/9/16	Mr.Anoop chandra	Physiotherapy management of Spondylolisthesis
50.	2/9/16	Mr.Anoop chandra	Physiotherapy management of Spinal Canal Stenosis
51.	3/9/16	Mr.Anoop chandra	Physiotherapy management of Ankylosing Spondylitis
52.	5/9/16	Mr.Anoop chandra	Physiotherapy management of Osteoarthritis
53.	6/9/16	Mr.Anoop chandra	Physiotherapy management of Rheumatoid arthritis
54.	7/9/16	Mr.Anoop chandra	Physiotherapy management of Amputation
55.	8/9/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Shoulder joint
56.	10/9/16	Mr.Anoop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
57.	12/9/16	Mr.Anoop chandra	Physiotherapy management of Fracture of shaft of Humerus

58.	13/9/16	Mr.Anoop chandra	Physiotherapy management of supracondylar Fracture of Humerus
59.	14/9/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Elbow joint
60.	15/9/16	Mr.Anoop chandra	Physiotherapy management of Colle's Fracture
61.	16/9/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Hip
62.	17/9/16	Mr.Anoop chandra	Physiotherapy management of Fracture of neck of Femur
63.	19/9/16	Mr.Anoop chandra	Physiotherapy management of ligamentous injuries of Ankle
64.	20/9/16	Mr.Anoop chandra	Physiotherapy management of common post traumatic complications
65.	21/9/16	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
66.	22/9/16	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
67.	23/9/16	Mr.Anoop chandra	Physiotherapy management of IVDP
68.	24/9/16	Mr.Anoop chandra	Physiotherapy management of CVA
69.	26/9/16	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
70.	27/9/16	Mr.Anoop chandra	Physiotherapy management of Fracture of lower end of Ulna
71.	28/9/16	Mr.Anoop chandra	Physiotherapy management of Cervical Spondylosis
72.	30/9/16	Mr.Anoop chandra	Physiotherapy management of Lumbar Spondylosis
73.	1/10/16	Mr.Anoop chandra	Physiotherapy management of IVDP
74.	4/10/16	Mr.Anoop chandra	Physiotherapy management of CVA
75.	5/10/16	Mr.Anoop chandra	Physiotherapy management of Anchylosing Spondylitis
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89.	21/10/16	Mr.Anoop chandra	Physiotherapy management of Ankylosing Spondylitis
90.	22/10/16	Mr.Anoop chandra	Physiotherapy management of Osteoarthritis

91.	24/10/16	Mr.Anoop chandra	Physiotherapy management of Rheumatoid arthritis
92.	25/10/16	Mr.Anoop chandra	Physiotherapy management of Amputation
93.	26/10/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Shoulder joint
94.	27/10/16	Mr.Anoop chandra	Physiotherapy management of recurrent Dislocation of Shoulder joint
95.	28/10/16	Mr.Anoop chandra	Physiotherapy management of Fracture of shaft of Humerus
96.	29/10/16	Mr.Anoop chandra	Physiotherapy management of Supracondylar Fracture of Humerus
97.	3/11/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Elbow joint
98.	10/11/16	Mr.Anoop chandra	Physiotherapy management of Colles Fracture
99.	17/11/16	Mr.Anoop chandra	Physiotherapy management of Dislocation of Hip
100.	26/11/16	Mr.Anoop chandra	Physiotherapy management of Fracture of neck of Femur



[Signature]
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DETAILS OF TEACHING/TRAINING SESSIONS IN YOGA

Sl.No	Day	Topic
1	Day 1	Meditation, Kaya Kalpa Yoga
2	Day 2	Hand Exercises
3	Day 3	Leg Exercises
4	Day 4	Neuro-Muscular Breathing Exercises
5	Day 5	Eye Exercises
6	Day 6	Kapalabathi
7	Day 7	Makarasana(Part A and B)
8	Day 8	Massage
9	Day 9	Acu-Pressure
10	Day 10	Relaxation of Body parts, Santhiyoga


Deputy Medical Superintendent
Dy Medical Superintendent
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Principal
PRINCIPAL
Sarada Krishna Homoeopathic
Medical College, Kulasekharam