



SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

Kulasekharam, Kanniyakumari Dist, Tamil Nadu 629161



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college@skhmc.org



www.skhmc.org



(Accredited by NAAC with B+ Grade & NABH)

UNNAT BHARAT ABHIYAN

Rain water harvesting

With the intention to increase the ground water level, Unnat Bharat Abhiyan unit of Sarada Krishna Homoeopathic Medical College constructed three rainwater harvesting systems and reconstructed one existed rainwater harvesting system in Govt. High School, Puliyoorsalai on 25th January 2022. The construction was made under the supervision of School Headmaster Mr. T. S. Prabha Kumar. The expenditure for the programme was taken from the perennial fund of Unnat Bharat Abhiyan. This system is very useful and it will recharge more than 10 thousand litre of rain water during every rain. After implementing the rain water harvesting system, ground water level around the school campus is increased.



[Signature]

Principal

&

UBA Co-ordinator

PRINCIPAL

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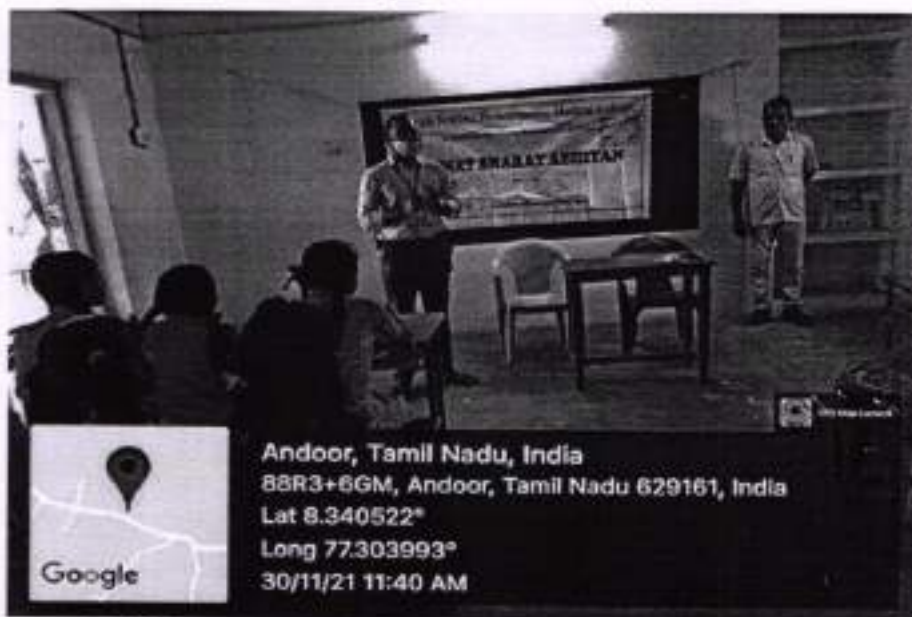
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UNNAT BHARAT ABHIYAN

preventing drug abuse- an Awareness programme

As a part of the Unnat Bharat Abhiyan programme activities, Unnat Bharat Abhiyan unit of Sarada Krishna Homoeopathic Medical College organised "Preventing Drug Abuse" awareness programme in Government Middle school, Andoor on 30.11.2021 at 11.00 a.m. Andoor Govt. school Headmaster Mr.Jegatheeswaran headed this Programme. In this programme we gave awareness on drug addiction substances like, alcohol, smoking ciggrate, beedi and kanja. Dr.T.S.Asta Eshwaran clearly explained about the stages of drug addiction and complications of drug addiction. Students actively asked doubts about active and passive smoking, they gave clear explanation, students were satisfied with the answers. Totally 21 students participated in this programme.



Dr.T.S.Asta Eshwaran giving awareness to school students



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UNNAT BHARAT ABHIYAN

Report - Improving Cardiovascular Health Screening Camp

The Unnat Bharat Abhiyan unit of Sarada Krishna Homoeopathic Medical College conducted an Improving Cardiovascular Health Screening Camp on 17.06.2022 at Puliyoorsalai Panchayat, Kanniyakumari District from 10.00 a.m to 03.00 p.m. The camp was formally inaugurated by Mrs.A.Pushpam, Director, Indian Forum for Sustainable Development. The medical team consists of Medical Officers, PG Scholars, Interns and Lab Technicians. The medical team explained the importance of improving the Cardiovascular health in common people, the signs and symptoms, complications, general mode of treatment, importance of balanced diet and living habits and Homoeopathic Management etc. A total of 91 participants of nearby residents of Puliyoorsalai panchayat were participated the camp. The medical team screened the participants to identify the risky groups for Cardiovascular diseases. The participants were provided with free Homoeopathic medicines along with dietary advices and referred to rural centre Ottankonam on every Wednesday for further treatment. The camp ended with vote of thanks by Dr. T. S. Asta Eshwaran.

PARTICIPANTS & BENEFICIARIES

No. of Faculty/M.O.	No. of PG Scholar	No. of Interns	No. of Lab Technicians	No. of Beneficiaries
3	1	4	2	91



**Principal
&**

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PRINCIPAL**

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UNNAT BHARAT ABHIYAN

Report- Drug De-addiction Awareness Programme and Rally

As a part of the Unnat Bharat Abhiyan programme activities, UBA unit of Sarada Krishna Homoeopathic Medical College organised "Drug Deaddiction awareness programme and rally" in N.M.Vidhya Kendra, Chitharal, Vellamcode panchayat on 24.06.2022 at 9.00 am. Awareness programme was conducted to school students of N.M Vidhya Kendra, the programme started with welcome speech by Mr.M.Satheesh Kumar Head Master N.M.Vidhya Kendra. Dr.Sisir.P.R gave a detail note on the evil face of Narcotics in the Indian society especially to school students. Dr.Bharatraj.S.A, Dr.C.Pradeep Kumar and Dr.Panisha.P.S gave awareness to school students about drug addiction substances like, alcohol, smoking, kanja, IV injections, opioids and morphine. Clearly explained about the stages of drug addiction and complications of drug addiction. Students pledged to keep away themselves from drug and substance abuse. Awareness rally to public was started at school and it reached Chitharal junction and returned to school campus. The flag was hand over by the Headmaster N.M Vidhya Kendra to school students. The theme of rally was "stop, prevent drug and substance abuse". Students Carried placards to create mass awareness on fighting against drug abuse. This programme created a mass awareness in students and public about cruelty of drugs. 60 students from N.M Vidhya Kendra were participated in the rally.

List of faculty and PG's participated

Name of faculty	Names of PG
Dr.Sisir.P.R	Dr.PradeepKumar.C
Dr.T.S.Asta Eshwaran	Dr.Panisha.P.S
Dr.Bharatraj.S.A	



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